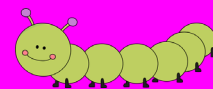


# Burcham Hills - Memory Care Recreation Calendar




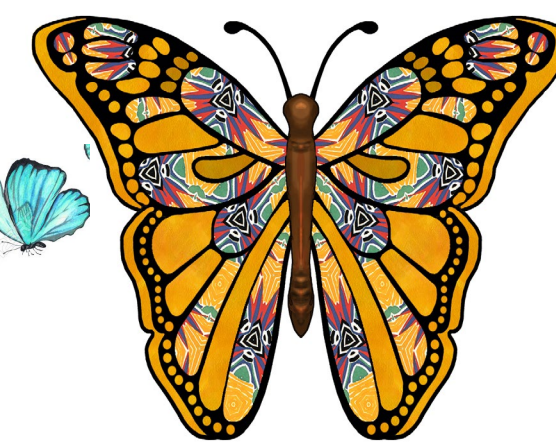



Activities in **BOLD** indicate an outing or special event.  
Details are in the **Beacon**.



~ August 2019 ~



See Posted **Daily Schedule** for  
unforeseen changes to this calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <p><i>"The Journey Of an Ugly Caterpillar TO A Beautiful Butterfly..."</i></p>   				<b>1</b> 9:30 Coffee Connections (2RC Lobby) 10:00 Rosary & Communion (AWR) <b>11:00 3MC Lunch Outing: Blondies</b> 1:15 Cardio Drumming (GLR) 1:30 Laughter Yoga (AWR) 2:00 Meditation (AWR) <b>2:30 Photography Workshop (AWR)</b> 2:30 Cooking Class (LR) 4:15 Gardening (5MC) <b>7:00 Thursday Night Special: East Lansing Kiwanis Band Performance (AWR)</b>	<b>2</b> 10:00 Muscle Music (GLR) <b>10:30 Living to Learn (GLR)</b> 11:00 Walk Club (5) 1:30 Piano W/ Lorrie (GLR) 2:30 Bingo (GLR) 4:00 Mocktails w/Evonne (GLR)  <b>Happy Birthday Dolores T.!!!</b>	<b>3</b> 12:30 Mid-Day Walk Club (3MC) 1:00 Open Gym (5MC) 1:00 Farkle (4) 1:30 Movie Matinee (AWR)* 2:00 Garden Walks (2RC Lobby) 3:00 Cardio Drumming (GLR) 3:45 Interactive News (5)
<b>4</b> 10:00 TV Mass (AWR) 10:15 Heavenly Spa Time (3MC) 12:30 Mid-Day Walk Club (3MC) 2:00 Open Gym (5MC) 2:30 Bingo (2CHR) 2:30 Farkle (3RC) 3:00 Strength & Stretch (GLR) 4:00 Vespers (AWR)	<b>5</b> 10:00 Muscle Music (GLR) <b>10:30 Living to Learn (GLR)</b> 11:00 Walk Club (5) 1:30 Bingo (GLR) 3:15 Manicures (4) 3:30 "Baking w/ Mama" (LR) <b>4:30 Dinner Walk Club (5MC)</b>  <b>Happy Birthday Margaret B.!!!</b>	<b>6</b> 9:30 Men's Forum (5BHall Lounge) 11:00 Laughter Yoga (GLR) 1:00 Ladies Spa Time (RC) 1:15 Cardio Drumming (GLR) <b>3:30 Sensory Rejuvenation (LG)</b> <b>6:30 Musical Memories (GLR)</b> 	<b>7</b> 10:00 Muscle Music (GLR) <b>10:30 Living to Learn (GLR)</b> 11:00 Walk Club (5) 1:30 Farkle (RC) <b>2:30 Stroke Ed &amp; Spt Group (PDR)*</b> 3:00 Art Class (GLR) <b>4:00 Piano w/ Lucille (2RC Lobby)</b>	<b>8</b> 9:30 Coffee Connections (2RC Lobby) 10:00 Catholic Mass (AWR) 1:15 Cardio Drumming (GLR) 1:30 Laughter Yoga (AWR) 2:00 Meditation (AWR) <b>3:00 3MC Birthday Party (GLR)</b> 4:15 Gardening (5MC) 6:30 Thursday Night Movie Social (GLR)	<b>9</b> 10:00 Muscle Music (GLR) <b>10:30 Living to Learn (GLR)</b> 11:00 Walk Club (5) <b>11:00 Lunch Bunch Outing: Red Robin</b> 1:30 Piano W/ Lorrie (GLR) 2:30 Bingo (GLR) <b>3:00 Parkinson's Disease Dialogue Group (PDR)*</b> <b>4:00 Artist Studio (AWR)</b>	<b>10</b> 12:30 Mid-Day Walk Club (3MC) 1:00 Open Gym (5MC) 1:00 Farkle (4) 1:30 Movie Matinee (AWR)* 2:00 Garden Walks (2RC Lobby) 3:00 Cardio Drumming (GLR) 3:45 Interactive News (5)
<b>11</b> 10:00 TV Mass (AWR) 10:15 Heavenly Spa Time (3MC) 12:30 Mid-Day Walk Club (3MC) 2:00 Open Gym (5MC) 2:30 Bingo (2CHR) 2:30 Farkle (3RC) 3:00 Strength & Stretch (GLR) 4:00 Vespers (AWR)	<b>12</b> 10:00 Muscle Music (GLR) <b>10:30 Living to Learn (GLR)</b> 11:00 Walk Club (5) 1:30 Bingo (GLR) 3:15 Manicures (4) 3:30 "Baking w/ Mama" (LR) <b>4:30 Dinner Walk Club (5MC)</b>	<b>13</b> 9:30 Men's Forum (5BHall Lounge) 11:00 Laughter Yoga (GLR) 1:00 Ladies Spa Time (RC) 1:15 Cardio Drumming (GLR) <b>2:00 Dessert Wars &amp; Ukulele Performance w/ Prime Time Strummers (AWR)</b> <b>6:30 Musical Memories (GLR)</b>	<b>14</b> <b>9:30 Men's Event: Fishing Trip</b> 10:00 Muscle Music (GLR) <b>10:30 Living to Learn (GLR)</b> 11:00 Walk Club (5) 1:30 Farkle (RC) 3:00 Art Class (GLR) <b>3:00 Garden Tours (2RC Lobby)</b> <b>4:00 Wine &amp; Cheese Social w/ Lucille (2RC Lobby)</b>	<b>15</b> 9:30 Coffee Connections (2RC Lobby) 10:00 Rosary & Communion (AWR) 1:15 Cardio Drumming (GLR) 1:30 Laughter Yoga (AWR) 2:00 Meditation (AWR) 2:30 Cooking Class (LR) 4:15 Gardening (5MC) 	<b>16</b> 10:00 Muscle Music (GLR) <b>10:30 Living to Learn (GLR)</b> 11:00 Walk Club (5) <b>1:30 Alzheimer's Support Group (PDR)*</b> <b>1:30 Preuss Pets Animal Encounter (AWR)</b> 2:45 Bingo (GLR) 4:00 Mocktails w/ Evonne (GLR) <b>6:15 Lake Lansing Band Shell Outing: "Oldies"</b>	<b>17</b> 12:30 Mid-Day Walk Club (3MC) 1:00 Open Gym (5MC) 1:00 Farkle (4) 1:30 Movie Matinee (AWR)* 2:00 Garden Walks (2RC Lobby) 3:00 Cardio Drumming (GLR) 3:45 Interactive News (5)



\* All programming complies with the FHA. Some programs may require support staff, which may need to be arranged with the Personal Wellness and/or Recreation departments prior to the event.

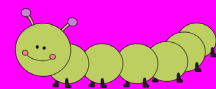
**Location Key:** (RC) – Resident Center (CHR) – Center for Health & Rehabilitation (Numbers) – Indicate the Floor in which activities are held in Living Room

(AWR) – Ada Whitehouse Room / 1RC (GLR) – Great Lakes Room/ 3RC (PDR) – Private Dining Room/2RC (SVDR) – Scenic View Dining Room



# Burcham Hills - Memory Care Recreation Calendar

Activities in **BOLD** indicate an outing or special event.  
Details are in the **Beacon**.

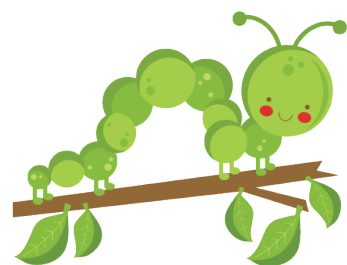


~ August 2019 ~



See Posted **Daily Schedule** for  
unforeseen changes to this calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>18</b> 10:00 TV Mass (AWR) 10:15 Heavenly Spa Time (3MC) 12:30 Mid-Day Walk Club (3MC) 2:00 Open Gym (5MC) 2:30 Bingo (2CHR) 2:30 Farkle (3RC) 3:00 Strength & Stretch (GLR) 4:00 Vespers (AWR) <b>7:00 Jug &amp; Mug Sing A Long (AWR)*</b>	<b>19</b> 10:00 Muscle Music (GLR) <b>10:30 Living to Learn (GLR)</b> 11:00 Walk Club (5) 1:30 Bingo (GLR) 3:15 Manicures (4) 3:30 "Baking w/ Mama" (LR) <b>4:30 Dinner Walk Club (5MC)</b>	<b>20</b> 9:30 Men's Forum (5BHall Lounge) <b>10:00 Putting Contest (P.G)</b> 1:00 Ladies Spa Time (RC) 1:15 Cardio Drumming (GLR) <b>3:30 Sensory Rejuvenation (LG)</b> <b>6:30 Musical Memories (GLR)</b>	<b>21</b> 10:00 Muscle Music (GLR) <b>10:30 Living to Learn (GLR)</b> 11:00 Walk Club (5) 1:30 Farkle (RC) <b>1:30 MC Movie Matinee (AWR)</b> 3:00 Art Class (GLR) <b>4:00 Piano w/ Lucille (2RC Lobby)</b>	<b>22</b> 9:30 Coffee Connections (2RC Lobby) 10:00 Rosary & Communion (AWR) 1:15 Cardio Drumming (GLR) <b>1:30 3MC Outing: Historical Village</b> 1:30 Laughter Yoga (AWR) 2:00 Meditation (AWR) 2:30 Cooking Class (LR) 4:15 Gardening (5MC) 6:30 Thursday Night Movie Social (GLR) <b>7:00 Thursday Night Special: Double Play Flute &amp; Tuba</b>  <b>Happy Birthday Evelyn P.!!!</b>	<b>23</b> 10:00 Muscle Music (GLR) <b>10:30 Living to Learn (GLR)</b> 11:00 Walk Club (5) <b>1:30 Art Appreciation Outing: Saper Galleries</b> 1:30 Piano W/ Lorrie (GLR) 2:30 Bingo (GLR) <b>3:00 5th Floor Mtg &amp; Wine &amp; Cheese Social (5RC or PDR)</b> 4:00 Mocktails w/Evonne (GLR) <b>4:00 Artist Studio (AWR)</b>	<b>24</b> 12:30 Mid-Day Walk Club (3MC) 1:00 Open Gym (5MC) 1:00 Farkle (4) 1:30 Movie Matinee (PDR)* 2:00 Garden Walks (2RC Lobby) 3:00 Cardio Drumming (GLR) 3:45 Interactive News (5)
<b>25</b> 10:00 TV Mass (AWR) 10:15 Heavenly Spa Time (3MC) 12:30 Mid-Day Walk Club (3MC) 2:00 Open Gym (5MC) 2:30 Bingo (2CHR) 2:30 Farkle (3RC) 3:00 Strength & Stretch (GLR) 4:00 Vespers (AWR)	<b>26</b> 10:00 Muscle Music (GLR) <b>10:30 Living to Learn (GLR)</b> 11:00 Walk Club (5) 1:30 Bingo (GLR) <b>2:30 Music w/ Jonathon Stars (AWR)</b> 3:15 Manicures (4) 3:30 "Baking w/ Mama" (LR) <b>4:30 Dinner Walk Club (5MC)</b>  <b>Happy Birthday Sharon D.!!!</b>	<b>27</b> 9:30 Men's Forum (5BHall Lounge) <b>9:30 Ladies Spa Time (RC)</b> 11:00 Laughter Yoga (GLR) 1:15 Cardio Drumming (GLR) 2:30 Musical Memories (LR) <b>3:30 Sensory Rejuvenation (LG)</b>	<b>28</b> 10:00 Muscle Music (GLR) <b>10:30 Living to Learn (GLR)</b> 11:00 Walk Club (5) 1:30 Farkle (RC) 3:00 Art Class (GLR) <b>4:00 Wine &amp; Cheese w/ Lucille (2RC Lobby)</b>	<b>29</b> 9:30 Coffee Connections (2RC Lobby) 10:00 Rosary & Communion (AWR) 1:15 Cardio Drumming (GLR) 1:30 Laughter Yoga (AWR) 2:00 Meditation (AWR) 2:30 Cooking Class (LR) 4:15 Gardening (5MC) 6:30 Thursday Night Movie Social (GLR)	<b>30</b> 10:00 Muscle Music (GLR) <b>10:30 Living to Learn (GLR)</b> 11:00 Walk Club (5) <b>11:30 Pig Pickin' Labor Day w/ Ricky and Karen</b> 2:30 Bingo (GLR)	<b>31</b> 12:30 Mid-Day Walk Club (3MC) 1:00 Open Gym (5MC) 1:00 Farkle (4) 1:30 Movie Matinee (AWR)* 2:00 Garden Walks (2RC Lobby) 3:00 Cardio Drumming (GLR) 3:45 Interactive News (5)  <b>Happy Birthday Mary M.!!!</b>



*"...The caterpillar begins life moving very slowly; then, if the caterpillar survives it will endure through a very painful process of shedding its own skin to be remade into a beautiful butterfly. Which is a lesson for us in life..."*



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