

SUN	MON	TUE	WED	THUR	FRI	SAT							
	11:00 Exercise (2CHR) 1:30 Virtual Reality (3CHR) 2:00 Garden Tours (Outdoor Courtyard) 3:00 Soakin' up the Sun (2CHR)	1	11:30 4th of July Picnic (Outdoor Courtyard) 3:00 Creative Expressions (2CHR)	2	11:00 Exercise (2CHR) 1:30 Birthday Party (3CHR) 3:00 Afternoon Manicures (3CHR) 6:30 Bingo (2CHR)	3	Independence Day 10:00 Rosary and Communion (AWR) 11:00 Exercise (3CHR) 1:30 Bingo (3CHR)	4	11:00 Exercise (2CHR) 1:30 Games group (3CHR)	5	11:00 Weekend Exercise (2CHR) 3:30 Bingo (3CHR)	6	
10:00 Living to Learn (2CHR) 10:00 TV Mass (AWR) 11:00 Weekend Exercise (3CHR) 2:00 Short Story Sunday (3CHR) 4:00 Vespers (AWR)	7	11:00 Exercise (2CHR) 1:30 Virtual Reality (3CHR) 3:00 Soakin' up the Sun (2CHR)	8	11:00 Cardio Drumming (3CHR) 2:00 Music with Jay Hill (AWR) 3:30 Creative Expressions (2CHR)	9	11:00 Exercise (2CHR) 12:00 Community Outing (Lansing Equine Center) 1:30 Family Feud Game (2CHR) 3:00 Afternoon Manicures (3CHR) 4:00 Music with the Sen Family (2CHR) 6:30 Bingo (2CHR)	10	10:00 Rosary and Communion (AWR) 11:00 Cardio Drumming (3CHR) 11:30 Lunch Bunch (PF Changs) 1:30 Bingo (3CHR) 4:00 Alzheimer's Caregiver Support Group (PDR) 7:00 Kiwanis Summer Band (Outdoor Courtyard)	11	11:00 Exercise (2CHR) 1:30 Games group (3CHR) 2:00 Quarterly Town Hall Meeting (AWR)	12	11:00 Weekend Exercise (2CHR) 3:30 Bingo (3CHR)	13
10:00 Living to Learn (2CHR) 10:00 TV Mass (AWR) 11:00 Weekend Exercise (3CHR) 4:00 Vespers (AWR)	14	11:00 Exercise (2CHR) 1:30 Virtual Reality (3CHR) 2:00 Garden Tours (Outdoor Courtyard) 3:00 Soakin' up the Sun (2CHR)	15	11:00 Cardio Drumming (3CHR) 11:30 Community Outing (Meridian Historical Village) 1:30 Creative Expressions (2CHR) 3:00 Lansing Area Parkinson's Support Group* (AWR)	16	9:30 Burcham Wellness Clinic (StoneBriar Pebble 1 Studio) 11:00 Exercise (2CHR) 2:30 "Bless You Boys" A Detroit Tiger Presentation (AWR) 6:30 Bingo (2CHR)	17	10:00 Rosary and Communion (AWR) 11:00 Cardio Drumming (3CHR) 1:30 Bingo (3CHR) 3:00 Happy Hour (2CHR)	18	11:00 Exercise (2CHR) 1:30 Games group (3CHR)	19	11:00 Weekend Exercise (2CHR) 3:30 Bingo (3CHR)	20
10:00 Living to Learn (2CHR) 10:00 TV Mass (AWR) 11:00 Weekend Exercise (3CHR) 2:00 Short Story Sunday (3CHR) 4:00 Vespers (AWR)	21	11:00 Exercise (2CHR) 1:30 Virtual Reality (3CHR) 3:00 Soakin' up the Sun (2CHR)	22	11:00 Cardio Drumming (3CHR) 1:30 Creative Expressions (2CHR)	23	11:00 CHR Lunch Outing (Olive Garden) 11:00 Exercise (2CHR) 3:00 Oopsy Daisy Flower Sales (2RC Lobby) 3:30 Cooking Group (3CHR) 6:30 Bingo (2CHR)	24	10:00 Rosary and Communion (AWR) 11:00 Cardio Drumming (3CHR) 2:00 Kyle Schippa Presents: Where In Michigan Am I? (AWR) 3:00 Music with the Sen Family (2CHR) 7:00 Tom Timlin Plays Guitar (Outdoor Courtyard)	25	11:00 Exercise (2CHR) 1:00 Bingo Basket (3CHR) 3:00 Games group (3CHR) 6:00 Friday Night at the Band Shell (Lake Lansing)	26	11:00 Weekend Exercise (2CHR) 3:30 Bingo (3CHR)	27
10:00 Living to Learn (2CHR) 10:00 TV Mass (AWR) 11:00 Weekend Exercise (3CHR) 4:00 Vespers (AWR)	28	11:00 Exercise (2CHR) 1:30 Virtual Reality (3CHR) 3:00 Soakin' up the Sun (2CHR)	29	10:30 CHR Food Committee Meeting (3CHR) 11:00 Cardio Drumming (3CHR) 11:00 Resident Council (3CHR) 1:30 Creative Expressions (2CHR)	30	11:00 Exercise (2CHR) 2:00 Peter Bergin performs (AWR) 3:30 Manicures (3CHR) 6:30 Bingo (2CHR)	31	LOCATION KEY 2CHR - 2nd Floor Center for Health & Rehab 2RC Lobby - 2nd Floor Resident Center Lobby 3CHR - 3rd Floor Center for Health & Rehab AWR - Ada Whitehouse Room PDR - Private Dining Room		*Indicates that staff will not be present and residents may need support or assistance to attend. **Indicates specific special program offered			